

# MOOROOLBARK PONY CLUB NEWSLETTER

**March 2011**  
**NEXT RALLY SUNDAY 13<sup>th</sup> March**

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## *FAMILIES ON DUTY – December RALLY*

Please note that gear check is 9:00, so duty starts at 7:30

**Henchley      Goss      Laukart**

## *UPCOMING EVENTS and REMINDERS*

<i>Mooroolbark PC Rally</i>	<i>13<sup>th</sup> March</i>
<i>Wyena PC Horse Trials</i>	<i>12/13 March</i>
<i>Mentone PC Games Day</i>	<i>14<sup>th</sup> March</i>
<i>NCAS Workbook Training Evenings at Ringwood 4<sup>th</sup> &amp;</i>	<i>18<sup>th</sup> March 8pm</i>
<i>Kangaroo Ground PC Combined Training</i>	<i>20<sup>th</sup> March</i>
<i>Eltham PC Short-Course / Combined Training Day</i>	<i>3<sup>rd</sup> April</i>
<i>Mooroolbark PC Rally</i>	<i>10<sup>th</sup> April</i>
<i>Yeringberg Horse Trials</i>	<i>9<sup>th</sup>/10<sup>th</sup> April</i>
<i>Mooroolbark Junior Eventing Clinic</i>	<i>13<sup>th</sup>/14<sup>th</sup> April</i>
<i>Yarra Glen PC Horse Trials</i>	<i>17<sup>th</sup> April</i>
<i>Grades 1,2,3 Cross Country Clinic at Yarra Glen PC</i>	<i>19<sup>th</sup> April</i>
<i>Check the PCAV web site for entry forms, and more details on these, and other events.</i>	
<a href="http://www.ponyclubvic.org.au">www.ponyclubvic.org.au</a>	

*Last Updated 2/03/2011*

<b>MOOROOLBARK PONY CLUB</b>			
<b>FAMILIES ON DUTY - ROSTER</b>			
<i>2010 February</i>	Bourke	O'Neill	Catley
<i>March</i>	Brooks	Goss	Harper
<i>April</i>	Tropeano	Moore	Pepper
<i>May</i>	Romei	Winter	Laukart
<i>June</i>	Robbins	Russell	Howes
<i>July</i>	Kanen	Drennan	Wright
<i>August</i>	McKinnon	Henchley	O'Neill
<i>September</i>		Dalsanto	Goss
<i>October</i>	Moore	Scott	Winter
<i>November</i>	Catley	Wright	Pepper
<i>December</i>	Bourke	Harper	Laukart
<b>2011 February</b>	<b>Howes</b>		<b>Russell</b>
<b>March</b>	<b>Henchley</b>	<b>Goss</b>	<b>Laukart</b>
<b>April</b>	<b>Scott</b>	<b>Moore</b>	<b>Winter</b>
<b>May</b>	<b>Robbins</b>	<b>Wright</b>	<b>O'Neill</b>
<b>How does the duty roster work?</b>			

These are the expectations for families on duty:

- \*\* One parent to assist in the canteen all day, starting from 8:30 (winter) 7:30 (summer)
- \*\* One parent to assist outside the canteen all day, starting from 8:30 (winter) 7:30 (summer)
- \*\* Assistance with clean up of canteen, toilets and club rooms at the end of the day
- \*\* Roster families also need to take home that day's garbage as we don't have a garbage collection at the club

### **Changes to the roster?**

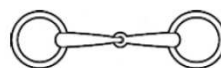
As we no longer have a specific person organising roster, it is YOUR responsibility to organise a swap if needed, and to let Wendy Wright know so she can change the information in the newsletter/web site. The information that we have published above is to the best of our knowledge - if you don't tell us about changes, we won't know to make the change.

### **End of day pack up**

The pack up of equipment in each ring/arena is to be done by ALL FAMILIES at the rally on the day. This frees up the rostered families to help with the clean up duties.

*If everyone pitches in, the ring pack up can be done very quickly - more hands make light work!*

## DC'S Bit \_



Greetings Everybody ...

Next rally is the last of the summer start time. I would like everybody to be ready for gear check at 8.45 so we can get moving with the sessions.

The rally is also an open day where we have invited anyone interested to come and participate or just observe. Pass the word around to any riders you know, more the merrier.

We will have Helen instructing dressage for us again. She has only been able to give us these two rallies out of her time table but hopefully can fit us in again in the future.

Please tell me if you will not be attending rally or you are returning after a long absence.

Cheers

Lindy

**Rembering summer ...** We went on a trip to Powlett river in January this year. My family, Tess and Lindy, and another family from mountain district pony club, The wrights stayed for the full 2 weeks or longer. Tara and trish clark, Deb harper and joel also visited for a few days. While we were there we did the usual beach days, laying in the sand and playing in the surf, holding up our tents in stormy weather, lovely morning and evening beach rides along the river mouth and surf beach, also trial rides along the rail trial. Tess and I went up and rode around Wonthaggi pony club x country. we had dinners at the local pub. Shopping trips in coves and wonthaggi. On the days to hot or to cold to do anything else we went and saw some movie's and the local cinema's. the boys often went on bike rides along the rail trial up to the general store. All in all it was a beautiful trip with lots of activities for everyone. Hope to see more people next year!

*Lauren Howes*

## THANKS .... !!!

Thank you for all the work our members put in for the showjumping day, it appears that it all went off really well, We really appreciated the efforts of everyone who turned up and did an outstanding job with their respective duties on the day. This certainly made our job easier.

The bonus will be that our club makes a bit of money out of the day, as a reward for all that time and effort. I think we can hold our heads up high, as I believe the day was an outstanding representation of our club and the commitment most members and riders have toward the running of the club.

Di Moore & the Organising Committee

## Notice regarding fees ...

**Sorry to say but it's that time of the year again ... Yep! Fees are now due.** You should have received your annual renewal invoice in early February, payment being due by 1st March. If you are still to pay, please do so to Sue Tucker at the next rally.

**Whilst we hope to see everyone back next year, if you don't plan to rejoin, please let Fiona or Sue know – that way they won't be chasing you for fees.** Also it helps us to know this when we get enquires from potential new members.

## ***Yeringberg Horse Trials Duty Helpers Needed***

**The Zone Horse Trials being run at Yeringberg on April 10 clash with our rally day. Our club is assigned duty on that day, however this year we don't have as many riders entered as in previous years. So, we don't have enough parent helpers.**

**Can you help? Maybe one parent from a family can spare a few hours to help us out? Or are there any riders out there who can't ride at rally who could help? Maybe you are thinking of coming up to watch for a while anyway? We would REALLY appreciate any help that can be offered. If you think you can, please contact Fiona on 9735 3000.**



### **Message to our future coaches ...**

Dear Coaches and DC's

You will find a flier (later in this newsletter) for NCAS Workbook workshop. This evening is to help coaches complete their workbook as part of their accreditation.

You may be interested in this if

- a) you are registered as a Preliminary Coach and due to be assessed.
- b) you have been Practically assessed for Preliminary Coaching and need to complete the workbook to finalise your accreditation.
- c) you are a DC who may be in a position to pass this on to interested parties.

There will be a practical assessment day at Yarra Glen on 9th April - if you plan to be assessed this day you must let PCAV know by returning the registration forms you would have been emailed or posted. If you have any queries, please call PCAV to get it sorted.

If you have been practically assessed at your clubs rally in the past 2 years but still haven't finished that pesky book - HERE IS YOUR CHANCE!!!!!!!!!!!!!! Please consider coming along, completing the book and handing it in on the night so you can complete this valuable accreditation.

Any queries and you can contact me (details on flier)

Thanks

Kate Wilson

**To Ride Or Not To Ride?....What A Stupid Question!**

# Our riders Out & About

***Congratulations to all our riders who have been out and about recently.***

*Not everyone can place at every event, thanks to all those of you who send in news of your wins, placings and personal bests. If your name is not here, please don't be shy just send your details to Wendy or put them in the out & about book. Let us know the type of event you entered, the date, horse you were riding, and what class you rode in. AND LOTS OF PHOTOS! For personal bests - tell us what you were particularly pleased to have done on the day!*

## **Upper Yarra SJ Day – 2010 (sorry, we didn't get this one into the newsletter previously)**

Kal and I competed at Upper Yarra SJ day and placed 1st 3rd and 3rd. Equal champion overall C grade.(last year) ... Lauren Howes

## **PCAV State Dressage & ShowJumping Championship February 27, 2011**

Mooroolbark were well represented at the PCAV state championships held at Corio in February. Riders at State compete in teams representing the zone (Grade 1's compete individually): Justine Russell's B Grade showjumping team came 2<sup>nd</sup>, and Lauren Howes C Grade showjumping team placed 5<sup>th</sup>.

***Well done to our state competitors ...***



## **LESSONS WITH NIKKI**

Nikki will be running lessons at PC on Saturday March 26 in the afternoon. She can be contacted on 0413 249 729. You must let her know if you plan to go.

## **Thanks to our sponsors.**

Our sponsors' contributions helped to make our ShowJumping Day possible, with contributions towards jumps and trophies.





# Showjumping Day



**Well, we had a bit of rain to liven up the day, but overall we can pat ourselves on the back for another great day ... the jumps looked great (especially our sponsor's jumps), the grounds were better than would be expected for all the rain that we've been having. And we had lots of great feedback from riders about the day – and of course our fantastic new bibs.**



## Thank You!

I would like to pass on my huge thanks for all the work put in by many riders and parents in preparing for the ShowJumping Day.

Thanks to those who turned up to our painting bees (the showjumping poles look fantastic), the working bee, the set up day, and who helped with duty on the day.

We put on a great day and all deserve a pat on the back!

Jim Page



# MOOROOLBARK PONY CLUB

## OPEN DAY

### SUNDAY 13<sup>TH</sup> MARCH

We are inviting prospective new members to try out our fantastic club.

Come and join in on our rally day, 8.45am till 3.30pm. Meet our riders and instructors, and participate in showjumping, cross country, games and dressage lessons.

We cater for riders and horses of all ages and all levels of experience.



We offer fabulous facilities including all weather flat areas, an outstanding cross

country course from Pre 5 to Grade 1 and extensive showjumping equipment.

We are a small family oriented club; very friendly and with a high level of participation from riders and parents, and an active enthusiastic committee.

We are a competitive club with recent wins in State Teams Dressage and Yeringberg Teams Horse Trials, and have state level riders in all

areas.

Cost for the day is \$20. Bookings with Lindy – 97221548- are essential, no later than March 6<sup>th</sup>. Or come along just for a look if you prefer.

Full canteen facilities available and holding yards for horses.



## NORTHERN METROPOLITAN ZONE DCI/ZA PANEL PRESENTS

# NCAS WORKBOOK TRAINING EVENINGS.

This series of evenings is to provide some mentoring and assist coaches in completing their NCAS Workbooks prior to practical assessment.

DATES	Friday 4 <sup>th</sup> March	TOPICS:	Module 1 – Coaching Lesson planning
	Friday 18 <sup>th</sup> March	TOPICS:	Lesson plan review Inclusive coaching
VENUE	Ringwood Pony Club Rooms, Quamby Reserve, Wonga Road, Ringwood.		
TIME	8.00 pm – approx 10.00pm		
COST	\$2.00 ea (for tea/ coffee)		

### WHO SHOULD ATTEND THESE SESSIONS???

- Coaches who will be attending the Northern Metropolitan Zone Preliminary Coaching Assessment Day at Yarra Glen on 9<sup>th</sup> April. Your workbook needs to be completed and submitted 2 weeks prior to that date.
- Coaches who have been practically assessed for NCAS Preliminary Coaching but still need to complete their workbook to finalise accreditation.
- Coaches who would like assistance with lesson planning.
- Coaches who have a workbook to complete and will be seeking assessment at a later date.
- Coaches interested in becoming an NCAS Preliminary or Level 1 accredited coach.
- NCAS Level 1 training coaches who would like some additional assistance and mentoring opportunities.

### WHAT TO BRING

- Your NCAS Syllabus and Workbook
- Pen

To register      9723 8789      OR      0410 684 372      OR      [knw071@hotmail.com](mailto:knw071@hotmail.com)

Kate Wilson

NCAS State Assessor/NMZ Deputy Chief Instructor



## Pony Club Fact Sheet - Proficiency Certificates



Progress in pony club is recognised by gaining certificates on ability and sportsmanship. There are eight certificates a rider can achieve - D, D Star, C, C Star, K, B, H and A. The certificates are a measure the riders skill and knowledge encompassing both ridden and practical examinations. They are gained in order starting from D through to A.

### C Certificate Information

The **C Certificate** is awarded for an independent seat with correct aids and a degree of competence in other aspects of riding, general knowledge and care of the horse. The minimum age for examination is 12 years. Candidates are encouraged to ride in snaffle bits wherever possible. If another bit is used, the child should know the name and understand its action. The rider should be able to maintain consistent contact through the reins.

### Certificate & Badge Colour

Green

### Pre-Requisite

Minimum Age 12 years

D Certificate

### Exam Format .

Written Exam

Presentation

Riding

Jumping

Horsemastership and general knowledge

### Guidelines

Candidates should be encouraged to ride in a snaffle bit wherever possible. If another bit is used, the child should know the name and understand its action.

The rider should be able to maintain consistent contact through the reins.

In checking diagonals or leading leg, the candidate may drop the eyes to look at the shoulders but may not drop the head or lean forward.

Ideally the concept of 'feel' through the seat should be introduced here.

The forward jumping position/s with a steady lower leg should be established by the time of the test.

Candidates should be encouraged to hold the mane or a neck strap over the jump.

### Objective

To attain a balanced seat, independent of the reins on the flat and over small fences.

To show control of the pony at small paces.

Demonstrate a knowledge of horsemastership as outlined below.

### Learning Outcomes

#### Riding

Mount and dismount from either side. A mounting block may be used.

Alter stirrups and tighten girth whilst mounted.

Ride with reins in either hand.

Knowledge of correct use of natural aids.

Change direction at all paces.

Increase and decrease pace.

Knowledge of paces and footfalls.

Walk and trot on a long rein.  
Walk and trot without stirrups.  
Sitting trot for short periods.  
Know and use the correct diagonal.  
Recognise leading leg at canter. (Rider may look down to check)  
Canter on a nominated leading leg.  
Gallop.  
Balance exercises at the halt and walk.  
Show proficiency in mounted games.  
Know road rules and traffic signals when riding on roads.  
Jumping: The candidate should be capable of:  
Jumping fences minimum 45cm and maximum 70 cm, including spreads  
Jumping spreads (width not less than height).  
Jumping combinations with a minimum of one non-jumping stride.  
Riding a small showjumping course.  
Riding over varied terrain, including some cross-country obstacles.

### **Horsemastership**

Care and fit of the saddle and bridle.  
Parts of the saddlery and uses.  
How to rug a quiet horse.  
Fit, use and care of rugs.  
Elementary knowledge of shoeing and care of the feet.  
Explain the use of farrier's tools.  
Tie a pony up:  
    With an adjustable halter  
    With a headstall.  
Prepare a horse for travel.  
Points of the horse, colours and markings.  
Measure the height of a horse.  
Describe what to look for when choosing a paddock for your horse.  
Horse Health  
Prevention and treatment of:  
    Girth gall  
    sore back  
    sore mouth.  
Prevention of tetanus.  
Worm and bot control. Knowledge of particular worms not required.  
Care of teeth and the reasons why they need attention.  
Basic First Aid Kit.  
When to call the Veterinarian.  
Identify:  
    Lameness, stone in the foot, and minor wounds.  
    Swelling and heat in the leg or the foot.  
    Common causes of injuries.  
    Greasy Heel  
    Thrush  
    Seedy toe  
    Laminitis (founder) – cause and prevention.  
    Cold, colic and strangles.  
Care and work of the Candidates own pony:  
    Grooming  
    Washing  
    Recognise health and condition.  
    Outline a daily feeding and watering routine.  
    Preparation for a Pony Club camp.

## **General Knowledge**

Knowledge of local area and horse places of special interest.  
Know the names of the Pony Club Zone personnel.  
Local equestrian personalities.

## **Examiner**

Examined by Zone Examiners

## **Resources**

### **Pony Club Australia Syllabus of Instruction**

National syllabus for certificates sets out certificate requirements.

### **New Zealand Pony Club Manual No.1**

Resource book with information for both educator and student.

### **D/D\* Certificate Resource Kit PCAV Publication from PCAV Shop**

*More information about certificates in an upcoming edition of the newsletter. If you would like more information now, please refer to the pony club web site [www.ponyclubvic.org.au](http://www.ponyclubvic.org.au)*



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