

Mooroolbark PONY CLUB NEWSLETTER

NEXT RALLY SUNDAY June 11th 2012
Gear Check: 9:45

Jim Page	Club President	Phone: 9726 5801 16 Royal Avenue Mooroolbark, VIC, 3138
Julie Howes	Vice President	julie.howes@southernhealth.org.au Phone: 9722 1920
Lindy Whitfort	Club Secretary	03 9722 1548 lindy.whitfort@bigpond.com
Susan Tucker	Club Treasurer	gst64@bigpond.com Phone: 9739 6794
Roz Goss	Club District Commissioner	dpgoss@dodo.com.au Phone: 9735 3994
Wendy Wright	Newsletter & Website Editor	wendy.wright@anglicarevic.org.au Phone: 5964 2279
Lauren Howes	Junior President	03 9722 1920 kalius_gemstone@hotmail.com

UPCOMING EVENTS and REMINDERS

<i>Mooroolbark PC Rally</i>	<i>10th June</i>
<i>Mooroolbark PC Derby</i>	<i>Monday 11th June</i>
<i>Zone Speed to Safety first session at Cranbourne</i>	<i>17th June</i>
<i>Wyena Combined Training & Dressage Day</i>	<i>24th June</i>
<i>Upper Yarra Combined Training Day</i>	<i>1st July</i>
<i>Mooroolbark PC Rally</i>	<i>8th July</i>
<i>Kangaroo Ground PC short course XC & Dressage</i>	<i>Sat 14th July</i>
<i>St Andrews PC SJ Day</i>	<i>15th July</i>
<i>Doongala Dressage Day</i>	<i>15th July</i>
<i>PCAV Inter-Zone Teams Horse Trials</i>	<i>21st/22nd July</i>
<i>Mooroolbark PC Rally</i>	<i>12th August</i>
<i>Mooroolbark PC Rally</i>	<i>9th September</i>
<i>Mooroolbark PC Rally</i>	<i>14th October</i>
<i>Mooroolbark PC Rally</i>	<i>11th November</i>
<i>Check the PCAV web site for entry forms, and more details on these, and other events.</i>	
www.ponyclubvic.org.au	

MOOROOLBARK PONY CLUB

FAMILIES ON DUTY - ROSTER

<i>2011 June</i>	Pepper		
<i>July</i>	Robbins	Wright	
<i>August</i>			
<i>September</i>	Catley	Whitfort	
<i>October</i>	Moore	Winter	
<i>November</i>	Laukart	O'Neill	
<i>December</i>			
<i>2012 February</i>	Savini	Whitfort	
<i>March</i>	Rally at Yarra Glen	All members to help	
<i>April</i>	Winter	Moore	Howes
<i>May 6th</i>	Harper	Wright	
June 10th	Savini	Laukart	
July 8th	O'Neill	Vaughan	
August 10th	Pepper	Wright	
September 9th	Breen	Howes	
October 14th	Willand	Winter	
November 11th		Moore	

How does the duty roster work?

These are the expectations for families on duty:

- ** One parent to assist in the canteen all day, starting from 8:30 (winter) 7:30 (summer)
- ** One parent to assist outside the canteen all day, starting from 8:30 (winter) 7:30 (summer)
- ** Assistance with clean up of canteen, toilets and club rooms at the end of the day
- ** Roster families also need to take home that day's garbage as we don't have a garbage collection at the club

Changes to the roster?

As we no longer have a specific person organising roster, it is YOUR responsibility to organise a swap if needed, and to let Wendy Wright know so she can change the information in the newsletter/web site. The information that we have published above is to the best of our knowledge - if you don't tell us about changes, we won't know to make the change.

End of day pack up

The pack up of equipment in each ring/arena is to be done by ALL FAMILIES at the rally on the day. This frees up the rostered families to help with the clean up duties.

If everyone pitches in, the ring pack up can be done very quickly - more hands make light work!

DC's Report June 2012

Hi all, hope you have all been getting some riding in in between the rain and wind, we have had some patches of nice weather albeit a bit on the chilly side. What a great turn out for Yeringberg. I managed to get there for the morning dressage and you all looked fantastic, great team spirit and hopefully a lot of fun had by all. Thanks to all the mums and dads for helping out (even those of you who didn't have kids riding), doing your allocated duties with a smile on your face (didn't you?). As much as we would all like to bring home a ribbon, sometimes you have to treat comps as a training day to get that experience under your belts and realize that it's not that bad and you don't need to stress out (both riders and horses) – get out there and have some fun! I hear that a few of you have been out and about after Yeringberg, I will look forward to the photos to come.

Does everyone know about the Interzone Team HT? It is for Grade 3 & 4 riders on July 21st and 22nd at Yarrambat PC. If you are interested you need to get your entries in by June 13th it is up to you to do it as the club is not involved in organizing entries. I'm pretty sure there is a link on our PC website if not you can give me a call and I will forward it to you.

Well this rally we will be restricted as to what areas we can use, with the Derby the next day we don't want to churn up the grass area too much and we aren't allowed on the XC (competition rules). We will be having Flat / SJ / Theory then it's all hands on deck to get ready for the comp on Monday. Don't forget to get your entries in, even if you have missed the cut off give Lindy a call and let her know if you are competing so she can slot you in for your section.

July rally we will have the dentist David Martin coming out, he will be doing a talk only. I have recently had David out to do our horses, he is very knowledgeable and willing to explain everything. Lindy is in the process of organizing the vet to come out as well, he usually gives his talk and then is available to do annual shots and micro-chipping. Once we know when that is happening we will let you know, you will need to book in if you want anything done. Is there any interest in doing a trail ride again? We will probably aim for August rally (depending on when the vet can come). Hopefully Wandin Park will be kind to us again and let us use their grounds to safely park and ride out from, it was a fun day last year and something a bit different.

Don't forget to let me know ASAP if you will or won't be at rally, I need to know either way so I can organize instructors (being a long weekend I'm sure they would appreciate some notice so they can possibly go away). 0418 392 004

See you all at rally,

Roz

LESSONS WITH NICKY

Nicky will be running lessons at PC on Saturday 18th June (PM). She can be contacted on 0413 249 729. You MUST let her know if you plan to go.

Zone Teams Horse Trials



Teams Horse Trials at Yeringberg - 20th May

Congratulations to all our riders for their performances at Yeringberg in the Teams Horse Trials run by the Northern Metro Zone. We were able to field three Mooroolbark teams, a fantastic effort for our club.

The Teams Horse Trials are split into groups, competing for two shields - Lawlor & Weber. Our teams were:

Lawlor Shield:

Mooroolbark C – placed 3rd
Elisha Laukhart
Lauren Howes (riding Leo)
Chelsea Winter

Mooroolbark A – placed 7th
Lauren Howes (riding Kal)
Sarah-Jane Vaughan
Taylah O'Neill
Kate Moore

Weber Shield:

Mooroolbark B – placed 6th
Jackie Wright
Millie Romei
Bridget Duncan (from Ringwood)



Our riders Out & About

Congratulations to all our riders who have been out and about recently.

Not everyone can place at every event, thanks to all those of you who send in news of your wins, placings and personal bests. If your name is not here, please don't be shy just send your details to Wendy or put them in the out & about book. Let us know the type of event you entered, the date, horse you were riding, and what class you rode in. AND LOTS OF PHOTOS! For personal bests - tell us what you were particularly pleased to have done on the day!

Nunawading PC Dressage & SJ Day – 27th May Two of our riders competed at Nunawading last weekend. **Jackie Wright** and **Tommy** were both thrilled to place 2nd in D Grade Showjumping, and were happy that their dressage results were overall better than previously (around 7th & 8th place in Grade 3). **Sara-Jane Vaughan** and **Flyn** showed lovely consistent performance in their Grade 2 dressage, coming home with two 5th place ribbons. They competed in their first C Grade Showjumping with just a couple of rails down.



Ballan PC Horse Trials - 13th May

Lauren took Leo to Ballan PC HT, which, judging from the weather, is located somewhere just north of Antarctica. All was going well until about 1 minute before Lauren's test was about to start when a trotter appeared on the track just beside the dressage rings. That nearly blew poor Leo's brain (not that it takes much) and his concentration was completely shot for his test, although the second half wasn't too bad (photo attached). He got round the showjumping with one stop at a very scary panel. He also had one stop on the XC, at a roll top fence, although he looked quite sticky through most of it. They had fabric red and white flags that were flapping in the (gale orce) winds and at the roll top the flag was leaning right over the fence, so not sure if the problem was the flag or the fence. Anyhow they both finished in one piece.



Julie Howes

State Horse Trials - 5/6th May

Congratulations to **Lauren Howes** for qualifying to compete at the State Horse Trials held in early May, although it sounds like the weekend could have been better, it's a great effort to qualify! Here is the report:

Lauren and Kal at State HT went crap! Unbelievably muddy conditions. Not sandy at all, as we expected it to be. Because he had no shoes, we could not fit studs (like I think every other competitor did). Kal HATES slippery conditions. His dressage was ordinary as he will not lengthen in mud. He bucked in the showjump ring every time he had to go through the muddy corner. And on the XC he slipped on take off and slid right into and up onto a picnic table jump about half way through the course and Lauren came off. No one was hurt, but that pretty much capped off the weekend. There are some very exciting photos of Lauren's stack on Derek O'Leary's website on Sunday ... Julie Howes



Photos of Hayley and Lauren at the final hunter school when the horses are introduced to the hounds. Student Hunt Club membership is \$100 if anyone is interested. The club hunts on Wednesdays and Saturdays most weeks from May to September. Lots of trail riding, a few small fences to jump about grade 4 maybe low grade 3 to jump. They also have non jumping hunts. There is however lots of driving involved as they hunt all over the countryside. Talk to Lauren or Hayley, Julie or Deb if you're interested in finding out more about hunting. Its fun!

Julie



2012 Derby – Monday 11th June – Parent Duty Roster

Following is the duty roster for **Mooroolbark parents** at the Derby on **Monday 11th June**. Please report to the secretary's office when you arrive, so we can let you know of any changes to your allocated duty.

Setup: All families are asked to assist with setup for the derby on the Sunday at rally. We will be starting at 1pm. With all hands on deck we're hoping that we can get this done without taking too much extra time. Please bring whipper snippers to help with mowing around the cross country on Sunday.

Morning Setup 7am	Kim Howes, Adrian Brooks
Car Park 7.30am	Stuart Moore, Neil Romei
General Organizer	Julie Howes
Jim's Assistant 7.30am	Wes Harper
Gear Check 8.20am	Fiona Vaughan
First Aid	Ruth Romei, Gary Tucker, Stuart Moore
Canteen 7.30am	Romei, Brooks, N. Willand N. Laukart, Smith, Pepper

Anyone who is free, please check if the canteen needs more helpers at lunchtime.

Crash Crew & Ring Marshalls	AM: R. Laukart, Breen PM: Savini, K. Willand
Pencillers	Sue Tucker, Di Moore
Cross Country Judges	AM: Tucker, O'Neill, _____ PM: Goss, D. Harper, _____
Scoring	Wendy Wright
Secretary	Lindy Whitfort

Pack up – all families to be available to assist with pack up as each ring finishes.

THIS ROSTER WILL CHANGE DEPENDING ON ENTRIES ETC AND TIMES, ONCE THEY HAVE BEEN FINALIZED.

Northern Metropolitan Zone Speed to Safety Training 2012

Speed to Safety is an event that helps teach Pony Club riders the skills needed to ride at a given pace over a given distance. NMZ is holding three training days in June and July and will select two riders plus reserves for the State Final to be held at Moonee Valley Racecourse on 25th August.

Riders that are graded 1, 2, 3 or 4 for horse trials are invited to attend the training days at Cranbourne Turf Club for a chance to represent NMZ at the State Final. Training will be held on the sand track at Cranbourne, followed by the selection of one Grade 1/2 combination and one Grade 3/4 combination, plus two reserves.

The winner of the PCAV Speed to Safety competition will be the closest finalist to the given time after completing the respective distance at Moonee Valley during a day of racing which includes the Racing Victoria Thoroughbred "Employee of the Year Awards." Riders will start their timed run from a standing start, behind a line – barriers will not be used.

Horses will train and compete at two speeds over 1000m - Grade 1/2 riders will travel at 550 metres per minute and Grade 3/4 riders will travel at 500mpm.

Coaches: Lisa Coffey (Racing Victoria), Prue King and Sue Winter

Training Dates: 17th June, 8th July and 29th July from 1-3pm
Final: 25th August at Moonee Valley Racecourse

Venue: Cranbourne Race Course, Grant St, Cranbourne

Gear Required: Approved ASA helmet, riding boots, back protector, medical armband, xc uniform and a jumping or all purpose saddle. No horse bandages.

**Horses must be fit enough to cope with 5000m ridden work on the day.
All riders must have their C Certificate.**

Training will include a briefing, gear check, racetrack etiquette, the use of track work beepers, horse control, balance and judging pace.

Cost: \$30 for all three training days.

Enquiries: Prue King 0412 753 385

Sue Winter 0409 359 050

There is a total of 20 training places available.

Horse Fact Sheet - Derby Competition

Our club holds a Derby competition on the Monday of the long weekend in June. What's a "Derby" you might ask? Some of you may know it by the old name of "Hickstead" (PCAV changed the name about a year ago).

A Derby is a combined Showjumping (SJ) Course that comprises both Cross Country (XC) and SJ Fences. The competition takes place over a distance of between 750m and 1300m over a course which comprises at least 50% natural obstacles (ie xc jumps). Think of it as being like a Horse Trials competition, without the dressage, and where you do the SJ and XC as if it were one course. Where applicable, the rules used are the horse trials rules – for instance the grades used are the same as for horse trials.

So, what this means in practice is that we will have a SJ course set up on the gravel arena, and also will have a course flagged on the XC. Both courses are shorter (that is, less jumps) than they would be if it were a straight horse trials. At your turn, you will jump a number of showjumps (usually 4) in the arena, and then ride immediately (via a gate at the back of the arena) to the cross country and jump a series of jumps out on course. You then return to the showjumping arena and put your horse over another series of showjumps (again, usually 4 different jumps). At the end of each grade or section, there is a "jump off". In this, all riders who went clear across all jumps, and within the time limit allowed, come back and jump all of the showjumps in order (so the first 4, and the second 4 are all used in the jump off).

The exact details may change, and you will receive a map showing which jumps are to be used on both the showjumping and cross country. The map will also tell you the distance of the course, and the amount of time that you will ideally take. There are penalties for going over the maximum time and also for refusals and rails dropped.

One of the key challenges of a Derby is the change in pace you and your horse need to go from showjumping, to cross country, and back to showjumping again.



Horse fact sheets – Riding Helmets Is Yours Safe

Why are riding helmets compulsory EVERY time you get on a horse?

Horseback riders have a higher rate of injury than downhill skiers, footballers, hang gliders and motorcycle racers. More than 60% of horse-

related deaths are caused by head injuries. Horse riders need all the protection they can get!

How do riding helmets work?

They consist of two parts

- the tough outer shell that stops sharp objects from penetrating and
- the inner foam that compresses and cushions the head and absorbs some of the impact.

Is it OK for my friend to have a ride on my horse wearing her bike helmet?

No. Bike helmets cover much less of the head than riding helmets. They don't offer enough protection.

Is it true that you have to buy a new helmet if you fall and hit your head?

Yes. The foam inside the helmet is permanently crushed when it absorbs the impact of your fall. It doesn't "bounce back" into shape. Once it's crushed it can never absorb another impact properly so it won't offer protection if you fall again.

Why do you need to get a new helmet ever 5 years, even if you don't have a fall?

You may have noticed that plastic gets hard and brittle when it gets old. Compare an old garden hose with a new one. It's much less flexible. The plastic and foam in your helmet get old and brittle too as they age and they become less effective if you fall.

What is the correct fit for a helmet?

- The helmet should fit just above the eyebrows.
- It should be snug but not uncomfortably tight. When wiggled, the skin around the forehead should move too.
- The chin strap should be fitted tight enough so that normal conversation is not affected but if you yawn it will pull down on the helmet.
- If there is a "sliding clip" that makes the "V" that connects around your ear to your helmet, it should sit just below the bottom point of your ear.
- If your helmet needs extra padding to make it fit, it's too big. Try a smaller size. If that's too small, try a different brand. Correct fit is more important than looks or price!

How should my helmet be stored?

The foam in helmets is affected by excessive heat, UV light and chemicals. Store it away from all these. Eg don't leave it in a car on a hot day, don't store it in a tack box with bug repellent or bleach, don't leave it near the window of a tack room where the sun can shine on it all day.

More fact sheets can be found on the PCAV web site in the Resources section.



Our Sponsors

Congratulations!



CONGRATULATIONS
Mooroolbark Pony Club wishes to
offer congratulations to
Bendigo Bank Mooroolbark
In celebration of your 10 year
anniversary
And in appreciation of your
support of our club



Our Sponsors



DISCOUNT ANIMAL FEEDS
LILYDALE — OPEN 7 DAYS — 9735 4060

87 WARBURTON HWY LILYDALE
www.discountanimalfeeds.com.au

We thank all our
sponsors and
encourage our
members to
recognise them for
their ongoing
support of the club
...



Horseland Lilydale
476 Maroondah Highway
Lilydale, Vic 3140
Phone (03) 9739 6822
Fax (03) 9739 6823

Professional
www.methven.com.au
Geoff Earmey (Frei, Centrex)
managing director
p (03) 9726 8888
f (03) 9726 8156
n 0438 305 670
g geoffearney@methven.com.au
w www.methven.com.au
46 48 brice avenue
mooroolbark vic 31

**Frazer & Ryan
Mooroolbark
Pharmacy**

28 Brice Avenue
MOOROOLBARK

OPEN 9AM - 9PM



Telephone 9726 7611



"AIMING FOR SERVICE EXCELLENCE"



Exel Rural Proudly Supports
Mooroolbark Pony Club

EXEL RURAL PTY LTD

ABN 92 050 139 583

148 MAN STREET LILYDALE VICTORIA 3140

TEL (03) 9735 4333 FAX (03) 9735 4775

