

MOOROOLBARK PONY CLUB NEWSLETTER

2014 RALLY SUNDAY February 9th

*****Gear Check Time – 8.15am*****

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UPCOMING EVENTS and REMINDERS

Mt Evelyn PC Twilight Open SJ Training
Doongala Open Freshmans SJ
Mooroolbark Pony Club Rally
Mooroolbark PC Showjumping Day
Mt Evelyn PC Twilight Open SJ Training
Doongala Open Freshmans SJ
Seville PC Horse Trials
PCAV State Champs for SJ & Dressage (Bendigo)
Mt Evelyn PC Derby & Dressage Day
Wyena PC Horse Trials
Yarra Glen PC Horse Trials
Lilydale PC Horse Trials
Eventing Clinic at Lilydale PC (Grade 4/5)

Friday 7th February
8th February
9th February
16th February
Friday 21st February
22nd February
23rd February
1/2nd March
2nd March
8/9th March
15/16th March
23rd March
29/30th March

Remember that some events may be forced to cancel in the event of extreme weather - keep an eye on web sites & facebook to stay up to date ... Check the PCAV web site for entry forms, and more details on these, and other events. www.ponyclubvic.org.au

Families on Duty this Month
February: Moore & Laukart
March: Black & Savini

DC's Report - February 2014

Don't forget to let me know if you are a YES or NO for rally, you can email me karen.brooks0@bigpond.com or text / ring the mobile 0408 558 776 or leave a message on Facebook.

Hi All

Welcome back everyone ... hope you all had an enjoyable rest, plenty of relaxation, and stayed cool with your ponies.

We had a couple of attempts at starting games practice, but things were against us ... we will start again on Saturday 22nd February. Please come along and join in - it's great fun and great for ponies and horse's control, remember that you can always do it at a walk or a trot.

Don't forget our SJ comp on Feb 16th - tell your friends and get them to enter (remember it is open to all) and get your own entries in at this rally.

Also Jim has been mowing and the grounds are looking good but we need to do some whipper snipping and a couple of trees need cutting up that have fallen down. if you can help please let Jim or myself know

Karen Brooks

Pony Club Association Victoria - Rules changes

Each year PCAV reviews its rules relating to competing and generally running pony clubs. At the start of each year any changes are published on their web site. The latest rule books can be downloaded from

<http://www.ponyclubvic.org.au/?Page=27609>

Grade 1 & 2 riders should particularly note that the rules for qualifying for the annual State competition have changed – you should read up on these to make sure you are clear on what's required.

Lessons with Nicky

...

Nicky will be running lessons at Pony Club on Sunday 23 Feb in the morning, or can be arranged weekdays. She can be contacted on 0413 249 729 – please contact her if you are interested.

Games Training ...

Put it in your diary – games training on February 22nd at the club grounds (time to be advised)

Our riders Out & About

Congratulations to all our riders who have been out and about recently.

Not everyone can place at every event, thanks to all those of you who send in news of your wins, placings and personal bests. If your name is not here, please don't be shy just send your details to Wendy or put them in the out & about book. Let us know the type of event you entered, the date, horse you were riding, and what class you rode in. AND LOTS OF PHOTOS! For personal bests - tell us what you were particularly pleased to have done on the day!

Please let me know if I've missed anyone in this wrap-up from the end of 2013

Mooroolbark PC's Club Champs – 1st December

Congratulations to all our riders who competed at the club champs at our last rally in December. We're fairly sure the day was well enjoyed by all. Results will be published at our AGM.

NMZ State Qualifiers for Dressage & Showjumping – 7/8th Dec

Sara-Jane Vaughan, Lauren Howes & Jackie Wright all attended the qualifiers held at Hurstbridge – it wasn't Sara-Jane's day unfortunately and unusually. However Lauren & Jackie qualified both of their horses – so off to Bendigo on March 1/2 for Leo & Kal who are doing Dressage, and Tetley & Tommy who are

doing Showjumping. All the best girls! (cheer squad is more than welcome)

Yarra Glen PC Derby – 23rd November

*Jackie Wright took Tetley & Tommy to Yarra Glen's Derby way back in November last year. Tommy finished 3rd in the Grade 2 Derby, 2nd in C Grade SJ. Tetley placed 3rd in B Grade SJ and whilst he didn't place in Open Grade 1 Derby (refusing the **last** XC jump), Jackie was very happy with his performance and glad that they had an*



attempt at the higher grade.

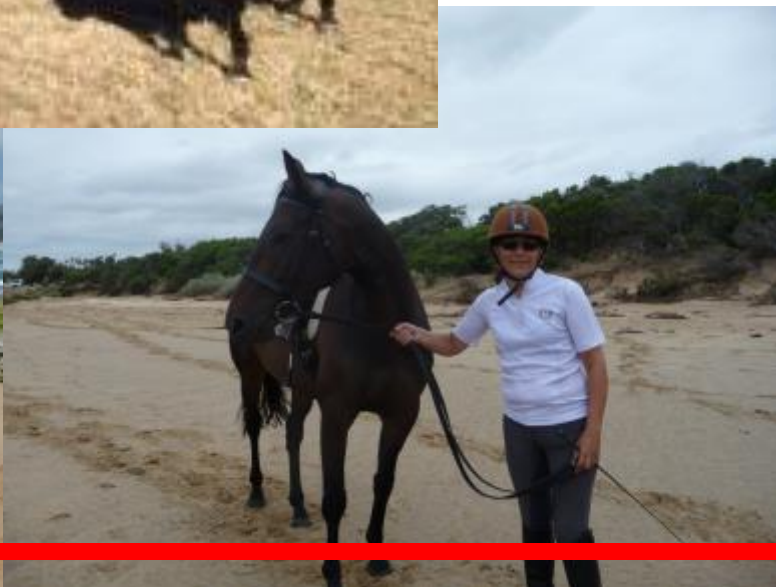
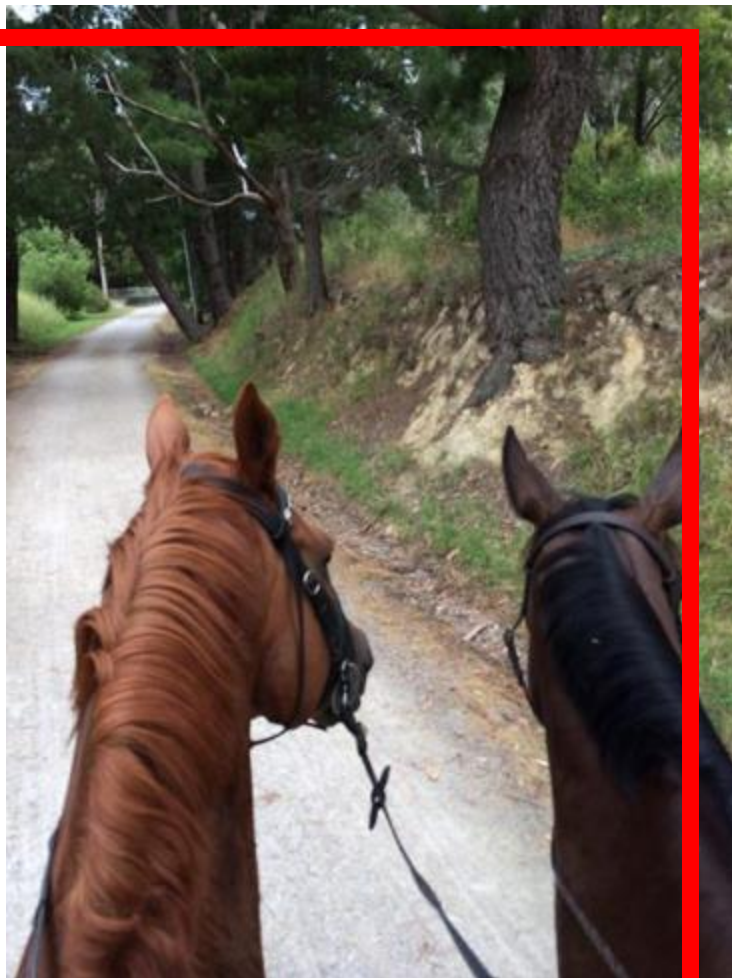


Summer Riding memories from our members ...

Most of our members were out & about on their horses ... some on relaxed trail rides, some at the beach, others getting together for group trail rides. A few of our riders were able to make use of extra lessons with Nicky at our club grounds – especially appreciative of the chance to get in some showjumping training ahead of the SJ day in Feb. Thanks to all who shared their photos & stories ...

A few families made the trip to Powlett River, where some camped, and all enjoyed beach and river rides ...

Chloe, Amy, Louisa & Kara met on the holidays for a trail ride along the Warburton Trail. Well behaved horses, warm weather & a swim at Louisa's after made it a great day.





Show Jumping Day

Feb 16th

Our Showjumping Competition Day is only two weeks away. If by any chance you haven't already entered, make sure you bring your entry to rally - the entry form is on our website.

Setup for the SJ day will be the Saturday 15th afternoon (time TBA). Di Moore is putting together a duty roster and will speak to everyone at rally to confirm their jobs. If you are not going to be at rally, Di would appreciate if you could call her to confirm your job (0418 357 486)



Summer Heat – Caring for horses

There's a really informative article with loads of hints on caring for your horses in the heat. Go to <http://www.ponyclubvic.org.au> and follow the links to the "Heatwave Issues" news article.



Did you know that

Your horse's tendons which run down the back of the legs (called flexor tendons) are very strong and specialised structures. They transfer muscle contraction movement from the upper part of the leg to the fetlock, pastern and hooves. They act like strings of a marionette puppet as there are no muscles below the knee or hock in a horse or pony. They act like a spring to provide elastic suspension to the limbs during exercise, storing energy as they stretch and recoil as the limbs bear weight. They can actually generate heat internally, much the same way as a rubber band warms up if you repeatedly stretch it a few times. During exercise, the body temperature can rise to 40-41°C as heat is produced during energy use. The hooves warm to about 41-42°C as heat is produced by friction on the ground. Tendons can heat to 45-46°C during strenuous exercise, peaking at 5-10 minutes after exercise. Heat retained in tendons after exercise can damage the internal core fibres. It is important to remove any protective wraps or bandages to aid the cooling, hose off the lower limbs and hooves with cold water within a few minutes, or apply an ice pack to the rear of the limbs after exercise to minimise internal damage.

(Source:

<http://www.ponyclubvic.org.au/site/ponyclub/vic/downloads/Resources/Heat%20and%20Extreme%20Weather%20Policies%20and%20Info/Summer%20Heat%20Alert.pdf>

MOOROOLBARK PONY CLUB

FAMILIES ON DUTY - ROSTER

<i>December</i>	All hands on deck for Christmas rally	
<i>2014 February</i>	Moore	Laukart
<i>March</i>	Black	Savini
<i>April</i>	Wright	Hughes
<i>May</i>	Harper	Howes (A&K)
<i>June</i>	Winter	Smith
<i>July</i>	Laukart	Moore

How does the duty roster work?

These are the expectations for families on duty:

Canteen The duty families are to run the canteen all day, starting from 8:30 (winter) 7:30 (summer). There are instructions provided in the canteen area, and one of the canteen supervisors will be available at the start of the day to deliver food, get things going, and answer any questions. There is usually some time during the day for families to share staying inside, and being outside watching the rally, and they should roster this between themselves. It is usually "all hands on deck" just prior to and during the busy lunch period.

Outdoors Setup Duty families are responsible for setting up and packing up at the rally, and this means that one parent needs to be outside most of the day, starting from 8:30 (winter) 7:30 (summer). If there is more help needed during setup, the duty family should organise a call over the loud speaker for more help. There will usually be a supervisor available to provide direction (usually Jim or Karen).

Canteen end of day Duty families are responsible for the clean up of canteen, toilets and club rooms at the end of the day. Roster families also need to take home that day's garbage as we don't have a garbage collection at the club.

Outdoors Packup Duty families are responsible for organising the pack up of outdoors areas at the end of the rally day. However ALL FAMILIES are required to assist them. Stay in touch with instructors and with the DC to find out when rings can be packed up, and put announcements over the loud speaker to get other families involved if needed.

Changes to the roster?

As we no longer have a specific person organising roster, it is YOUR responsibility to organise a swap if needed, and to let Wendy Wright know so she can change the information in the newsletter/web site. The information that we have published above is to the best of our knowledge - if you don't tell us about changes, we won't know to make the change.

End of day pack up

The pack up of equipment in each ring/arena is to be done by ALL FAMILIES at the rally on the day.

If everyone pitches in, the ring pack up can be done very quickly - more hands make light work!

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