

MOOROOLBARK PONY CLUB NEWSLETTER

2014 RALLY SUNDAY September 14th 2014

*****Gear Check Time – 9.45am*****

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UPCOMING EVENTS and REMINDERS

Remember that some events may be forced to cancel in the event of extreme weather - keep an eye on web sites & facebook to stay up to date ... Check the PCAV web site for entry forms, and more details on these, and other events. www.ponyclubvic.org.au

<i>Mooroolbark Pony Club Rally</i>	<i>Sep 14th</i>
<i>Ringwood Pre-Royal Show</i>	<i>Sep 14th</i>
<i>Kangaroo Ground Dressage Day</i>	<i>Sep 14th</i>
<i>Hurstbridge Dressage Day</i>	<i>Sep 21st</i>
<i>Yarra Glen Eventing Clinic (Gr 4 & Ex Gr 5)</i>	<i>Sep 24th – 25th</i>
<i>Eltham Show Jumping Day</i>	<i>Oct 5th</i>
<i>Mooroolbark Pony Club Rally</i>	<i>Oct 12th</i>
<i>Lilydale Show Jumping Day</i>	<i>Oct 12th</i>
<i>Yarra Glen Show Jumping and Derby</i>	<i>Oct 18th</i>
<i>Donvale/Templestowe Spring Fling</i>	<i>Oct 19th</i>
<i>Mountain District Show Jumping</i>	<i>Oct 19th</i>
<i>Mentone Show Jumping</i>	<i>Oct 25th</i>
<i>Nunawading Combined Training and SJ</i>	<i>Oct 26th</i>
<i>Warragul Show Jumping</i>	<i>Oct 26th</i>
<i>Mooroolbark Show Jumping and Derby</i>	<i>Nov 2nd</i>

DC's Report - June 2014

Don't forget to let me know if you are a YES or NO for rally, you can email me karen.brooks0@bigpond.com or text / ring the mobile 0408 558 776 or leave a message on Facebook.

Hi All

The weather in the last few weeks has been great. It makes you feel that you should get out and enjoy the warm weather. The grass is starting to grow so please watch the ponies and horses with the new shoots coming though as they will be starting to feel good and will also start to founder if they are prone to this.

Hopefully the weather will hold and we will have the cross country open for the rally.

Please remember that I need to know what you plan to do for the October rally. Are you planning to do the Lilydale show jumping day or our rally? If you are able, I encourage you to support their show jumping day. You need to enter as soon as possible, entry forms are on their website.

Also remember that we have the Bunnings sausage sizzle on the 4th of October. Please check the roster in this newsletter carefully and contact Dianna Moore if you have any concerns or questions.

Gear check will be at 9.45am, so please be on time so as not to keep our instructors waiting.

Karen

Pony Club Association Victoria - Rules changes

Each year PCAV reviews its rules relating to competing and generally running pony clubs. At the start of each year any changes are published on their web site. The latest rule books can be downloaded from

<http://www.ponyclubvic.org.au/?Page=27609>

Grade 1 & 2 riders should particularly note that the rules for qualifying for the annual State competition have changed – you should read up on these to make sure you are clear on what's required.

Families on Duty this Month

***September: Black, Vaughan, Horner
October: Hughes, Howes (A), Howes (J)***

BUNNINGS - BBQ - ROSTER

Date: Saturday 4th October



TIME SLOT:	ON DUTY:
8.00AM – 10.45AM	Kylie Black, Dianna Moore, Chelsea Winter
10.30AM – 12.45PM	Jenelle O'Neil, Amy Tucker, Gena Savini
12.30PM – 2.45PM	Karen Brookes, Lindy Whitfort, Shelley Hughes
2.30PM – 5.00PM	Kellie Smith, Sarah-Jane Vaughen, Lauren Howes

If you are unable to do the allocated time, or attend at all or would like to be involved please contact Dianna Moore on 0418 357 486 ASAP.

Lessons with Nicky ...

Lessons with Nicky in September and October will need to be negotiated directly with her. Nicky will be away from Friday 19th September to 4th October.

***She can be contacted on
0413 249 729 – please contact her if you are interested.***



Our Riders Out & About

Congratulations to all our riders who have been out and about recently.

Not everyone can place at every event, thanks to all those of you who send in news of your wins, placings and personal bests. If your name is not here, please don't be shy just send your details to Wendy or put them in the out & about book. Let us know the type of event you entered, the date, horse you were riding, and what class you rode in. AND LOTS OF PHOTOS! For personal bests - tell us what you were particularly pleased to have done on the day!

Seville Dressage Day – 23rd and 24th August:

Jackie ended up 7th I think on Tetley

LAUREN HOWES

I rode way too many tests, which was evident by the error of courses I had! One on each horse! I rode a total of 8 tests over the weekend. Starting with Ollie on Saturday, he rode the Prelim tests first both good but with room to improve resulting in a 6th overall for Prelim. Then he rode the Grade 3 tests, his first official grade 3 and I was very pleased with the results, placing 5th in both tests but under 10 points from the winner in each. Overall he handled being out on his own for the first time and a limited warm up space very well, totally chilled about the whole deal! Very happy with how he is progressing.



his tests, resulting in 5th overall against a strong field. Leo held it together despite the limited warm up which was way too intense for his little brain. So much so that on the way to presenting to the judge we had to exert some built up energy by exploding up the long side of the arena and bucking!! However, with some tackful riding in the ring and a bit of Leo's charm we managed to place 2nd and 3rd and 1st overall against a very strong field. I'm very pleased that Leo is holding his own in Grade 2 and looking to the future for him! Exciting times :)



Leo and Kal were on the

Sunday, Kal had old man syndrome and was only giving me just enough, however, I can forgive him because he has worked so hard for me in the past and Grade 1 is really hard work for him! He placed 4th and 6th in



JACKIE WRIGHT:

Jackie took Tetley and Tommy to Seville Dressage Day, Tetley competing in Grade 2 finished 4th and 8th giving us an overall finish of 7th. Tommy came 14th and 15th, finishing 15th overall, Tommy wasn't his usual crazy self!!



Tooradin Training Day:

LAUREN HOWES:

I took Leo and Ollie for a bit of cross country to Tooradin, with Jackie, Jill and Nicky of course! Both boys worked exceptionally well and I had some great highs for both of them! Leo jumped a tricky fence on the 2nd attempt (I was expecting at least 7 attempts before we made it over). Ollie did some great jumping over a new surface (very sandy at Tooradin). He also had his first try at jumping over a jump into water. Some of you may know water is not his favourite thing in the world, so it proved very entertaining for the bystanders. ***I think dad was not so secretly hoping I would end up in the drink!***





Friends of Werribee – 30th and 31st August:

SARAH-JANE VAUGHAN

On the weekend of the 30 and 31st August, mum and I enjoyed sunny Werribee for the EA's Friends of Werribee. This was Flynn and mine first Pre Novice competition, testing my skills more than his! We put together a nice dressage test leaving us 12th in a field of 33. Walking the cross country had me thinking how sane I was and where was the closest hospital. However, I warmed Flynn up and rode out.....finishing the course CLEAR!!!!!! Show jumping let me down but the experience of overcoming a huge hurdle was worth it. Bring on Grade 1. I have attached a link to watch the video, which would be good for the younger riders to have a look at: <https://www.an-eventful-life.com.au/riders/rider-videos-friends-werribee-horse-trials-2014-Sarah-Jane-Vaughan-397>

Great video, well worth a watch, and so calmly ridden Sarah-Jane – Congratulations!

*This will be the first of many sleepovers with the riders from both our club and Lilydale Pony Club. Given the large numbers we will need all hands on deck for our senior members (over 18). I think I have spoken to you all, but if I missed you please call me! (number below). It is expected that all riders will be on their best behaviour, the sleepover is going to be a fantastic night and a great way to get to know our new club members, so please do your best to be there for, if not all, at least some of the night. If you have any great party games, please share them at our JC meeting at rally! PLEASE remember to bring **all** your bedding, including a mattress and get your RSVP to me ASAP, by rally would be great!*

Pony Club Sleepover!

The pony club sleepover is a fun social night for everyone to get to know one another without our four legged friends. There will be lots of fun and entertaining party games, a couple of movies and just general chit chat time! We will also be enjoying some fine dining (pizza) and a scrumptious breakfast in the morning. Can't wait to see you **all** there!

When: Thursday 2nd – Friday 3rd October

Where: Lilydale Pony Club, 28 Melba Hwy, Yering

Time: 5:30pm drop off and 10:30am pick up



What to bring:

- Mattress
- Sleeping bag
- Pillow
- PJ's
- Nibbles/drink to share
- \$5 for dinner
- A photo of you and your horse

RSVP: Lauren by **Thursday the 25th September**
(m) 0407 798 235 (text is fine, or call after 3pm)

It's going to be a fantastic night and I hope to see EVERYONE there! 😊

*There will be a number of senior members (over 18yrs) staying the night, however, if parents wish to stay they are welcome. If you have any queries please do not hesitate to call.

HORSE FACT SHEET:

How to... take your horse's digital pulse

The digital pulse is a way to measure the blood flow going to the horse's hooves and can detect a problem before you see any signs of illness or lameness. When taking the digital pulse the strength of the flow is more important than the rate of beats or pulses.

Why take your horse's pulse

The pulse measures the strength of your horse's heartbeat. Normally, a resting horse has a pulse of 38 to 40 beats per minute. When exercising, a horse's heart rate can exceed 180 beats per minute.

A heart rate over 80 beats per minute can be a sign of a serious problem in a resting horse and a consistent rate of 60 beats per minute could indicate pain, excitement, or being afraid of something.

Knowing how to take a digital pulse in a horse is something every horse owner should be efficient at, you can often detect a problem by an increased or "bounding" pulse before you see any signs of illness or lameness.

Pain, inflammation, either local or systemic can cause an increase in blood flow to the hooves, therefore increasing the digital pulse often referred to as a "bounding" pulse rate.

How to take the digital pulse

The easiest way to locate them is to place your thumb on one side of the fetlock and your first 2 fingers on the other side. Gently move your fingers toward the back of the fetlock, leaving your thumb in place. Keep pressing lightly as you move your fingers until you feel a pulse.

You should not use your thumb to feel for the horse's digital pulse as your own pulse can be felt through the thumb and a horse's pulse is slower than ours.

Make sure you use soft pressure as the arteries are quite small in diameter and too much pressure blocks them, making it very difficult to feel a pulse.

If you press too softly, you may not create enough resistance to feel the pulse at all.

Take your own wrist pulse, when you have found it then that is the sort of pressure you use to find your horse's digital pulse.

It is important to check your horse's digital pulses in all 4 legs often. This will give you an indication of what is normal for your horse.

Doing this will enable you to tell if the pulse has increased in any hoof and if there maybe a need to call a vet.

A "bounding" pulse may be present in 1 or more of the digital arteries could be a sign on a health issue. Abscesses and laminitis for example can cause an increase in circulation to the hoof. You should consult your veterinarian.

NOTE: In young horses or foals the digital pulses should be easily felt. If weak or faint seek veterinary attention.

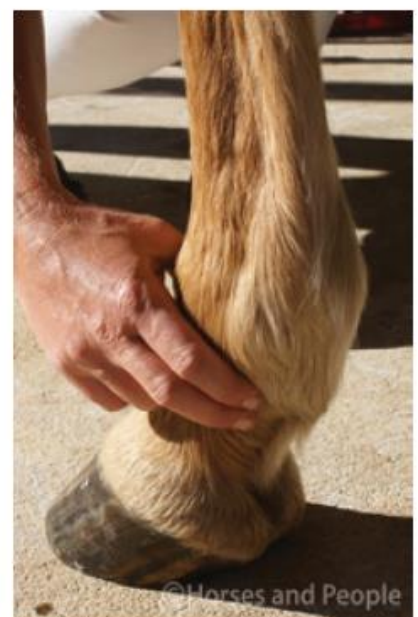


Where to find the digital pulse

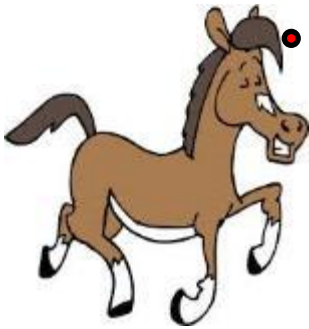
Taking your horse's digital pulse is easy when you know where to find the digital arteries that run down each side of each leg, in the groove between the suspensory ligament and the flexor tendon.

There are 4 common areas to take the horse's digital pulse.

1. Right above the collateral sesamoidean ligament.
2. Over the ligament.
3. Right below the ligament.
- Midway down the pastern.



BITS AND PIECES



IMPORTANT DATE

Bunnings BBQ - Saturday 4th
October

Put it into your calendar -
great fundraiser for the
club

PONY CLUB SLEEPOVER

Mooroolbark and Lilydale Pony
Club sleepover;

Where: Lilydale PC - 28 Melba
Hwy Yering

When: Friday 3rd October

Love to have all members there!

Parents more than welcome

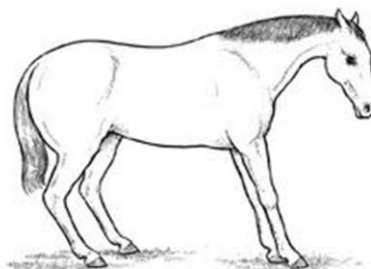
THANKYOU

Thankyou to the Harper and Anker
families for allowing Mooroolbark
Pony Club to use their facilities for
the August Trail Ride Rally.

SPRING HAS SPRUNG!

Time to keep a close eye on your ponies, the grass is growing fast
and is full of sugars, you need to closely monitor laminitic
ponies/horses. Also your pony/horse's behaviour may not be quite as
calm and controlled as it has been over winter.

(Gunnah thinks he's a stallion!!!)



Characteristic stance of a horse with
laminitis in all four feet

RALLY GALLERY

This is your opportunity to contribute monthly to Mooroolbark Pony Club's newsletter. It would be wonderful if all our members could see what goes on at our rallies. When you're with the same group each month you often have no idea what others are up to.

It's easy to contribute, here's what to do:

STEP 1: Make sure you get photos of your day at rally

STEP 2: Choose one or two photos that you would like to have published, remember space will be limited.

STEP 3: You may choose to add a caption or words to your photos

STEP 4: Email your photos to Dianna Moore (s.dl.moore@bigpond.com)

HERE'S WHAT HAPPENED LAST RALLY

We had our trail ride rally last month, the weather was not great, in fact riders and their families hid in their floats/cars just before lunch as they were battered with gale winds, lashing rain and hail. Luckily this did not happen whilst our riders were out on the trail.

Many riders also had a lesson at the Harper's indoor arena, now that's where we all needed to be at lunchtime!!! The riders and horses thoroughly enjoyed this lesson in the luxury of indoors, under the guidance of Nicky's instruction.

We thank Deb, Wes and Hayley Harper for allowing us to use their amazing facilities and we also thank the Anker Family for allowing us to park on the grounds of the farm for our trail ride.



(Look how nicely our riders rode on the left side of the trail and only two abreast!)

MOOROOLBARK PONY CLUB FAMILIES ON DUTY - ROSTER

<i>September 14th</i>	Black	Vaughan	Horner
<i>October 12th</i>	Hughes	Howes (A)	Howes (J)
<i>November 9th</i>	Winter	Willand	Dodd
<i>December</i>	Christmas Rally	Duty - everyone	

How does the duty roster work?

These are the expectations for families on duty:

Canteen The duty families are to run the canteen all day, starting from 8:30 (winter) 7:30 (summer). There are instructions provided in the canteen area, and one of the canteen supervisors will be available at the start of the day to deliver food, get things going, and answer any questions. There is usually some time during the day for families to share staying inside, and being outside watching the rally, and they should roster this between themselves. It is usually "all hands on deck" just prior to and during the busy lunch period.

Outdoors Setup Duty families are responsible for setting up and packing up at the rally, and this means that one parent needs to be outside most of the day, starting from 8:30 (winter) 7:30 (summer). If there is more help needed during setup, the duty family should organise a call over the loud speaker for more help. There will usually be a supervisor available to provide direction (usually Jim or Karen).

Canteen end of day Duty families are responsible for the clean up of canteen, toilets and club rooms at the end of the day. Roster families also need to take home that day's garbage as we don't have a garbage collection at the club.

Outdoors Packup Duty families are responsible for organising the pack up of outdoors areas at the end of the rally day. However ALL FAMILIES are required to assist them. Stay in touch with instructors and with the DC to find out when rings can be packed up, and put announcements over the loud speaker to get other families involved if needed.

Changes to the roster?

Please re-check the roster for changes each month. It is YOUR responsibility to organise a swap if needed.

Let Wendy Wright know so she can change the information in the newsletter/web site. The information that we have published above is to the best of our knowledge - if you don't tell us about changes, we won't know about them.

End of day pack up

The pack up of equipment in each ring/arena is to be done by ALL FAMILIES at the rally on the day

If everyone pitches in, the ring pack up can be done very quickly - more hands make light work!

Our Sponsors



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We thank Sibelco (quarry) for their past and continued ongoing support of Mooroolbark Pony Club



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